

1 VERMONT MEDICAL SOCIETY RESOLUTION

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3 Wellness of the Physician Workforce

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5 *As adopted at the VMS Annual Meeting on October 27, 2018*

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8 **RESOLVED**, that the VMS promote dialogue among key stakeholders (physician groups, health-system decision makers, payers, and the general public) to:

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10 • increase awareness of the importance of physician wellness, both individually and organizationally;
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12 • discuss best practices for promoting physician wellness and how to help physicians identify, manage and prevent burnout throughout their career;
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14 • work with the University of Vermont College of Medicine and Medical Center to incorporate self-care into professional development curricula for students, physician residents and fellowship trainees as well as teaching them to identify behavioral changes in their colleagues; and
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18 • encourage employers/practices to make resources and programs available to physicians, including time and space for making connections with colleagues and pursuing goals that add meaning to physicians' work lives; and be it further

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22 **RESOLVED**, that the VMS will work with the Vermont Practitioner Health Program and the Vermont Board of Medical Practice to ensure the availability of resources for promoting physician wellness and addressing burnout; and be it further

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26 **RESOLVED**, that the VMS work to ensure that any new regulation, technology, or initiative is implemented with due consideration to any potential for negative impact on physician wellness; and be it further

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30 **RESOLVED**, VMS work with the Vermont Association of Hospitals and Health Systems to educate hospital leaders on the importance of physician leadership and input in all aspects of the health system, especially those that directly affect patient care and workforce.

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