



2021 VPA Virtual Spring Meeting
April 10, 2021 ~ 9:00 AM to 1:00 PM

AGENDA

Hosted virtually on Zoom.

9:00 - 10:30: Effective substance use disorder treatment during a pandemic -. Katie Marvin, M.D.

10:30 - 12:00: Practical ideas for professional wellness with Dave Melnick, LICSW.

12:00 - 1:00: VPA Business Meeting (*CME not available*).

Speakers who have NOTHING to disclose: Dr. Katie Marvin; Dave Melnick

Planners who have NOTHING to disclose: Stephanie Winters, Elizabeth Alessi, and Dr. Joseph Lasek.

Meeting Objectives:

- Review recovery (and COVID-19) with a harm reduction, patient centered philosophy.
 - Making MAT and RAM available locally.
 - Discuss pandemic factors and staying open - the primary care eye towards full spectrum family practice, including mental health and case management support.
 - Examine both the positive and disruptive effects of stress
 - Review ways to reduce stress when it threatens wellbeing
 - Explore the link between stress mitigation and resilience
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Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the American Psychiatric Association (APA) and Vermont Psychiatric Association. The APA is accredited by the ACCME to provide continuing medical education for physicians.

Designation

The APA designates this live activity for a maximum of 3 *AMA PRA Category 1 Credits (TM)*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For more information, please visit: <https://vtmd.org/specialty-society-events>

To register on Zoom: [Register Here!](#)

Questions? Contact Elizabeth at ealessi@vtmd.org