

INTRODUCTION

My name is Doug Wysockey-Johnson, the founder of WyJo Coaching. For 23 years, I served as the Executive Director of Lumunos, a non-profit dedicated to helping people foster deeper, more authentic lives in the workplace and at home. As the organization's leader, I spent much of my time developing staff, balancing budgets and implementing strategy. But I also had the unique opportunity to be on the front lines, where I taught leadership, coached clinicians, and facilitated groups of all sizes (while also trying to show up for my family at home). This unique blend of experiences made me a better leader *and* better able to coach leaders.

PHILOSOPHY

I have spent my work-life taking the hocus-pocus out of the term *call*. To me, following our call is most fundamentally about trusting our deepest beliefs and values and about making decisions in alignment with those values within the context of our work and home lives. Personality type, dependable strengths, work situation and what's going on at home all matter when making big decisions and taking next steps. My own call is to accompany people and groups in this process through coaching and facilitation.

In working with teams, my passion is to facilitate an event that gets people talking with each other about meaningful topics. The knowledge and insight I bring are certainly part of the equation, but the art is to create the right kind of space for team members to deepen their relational capital and know one another better. Good decisions flow from good and trusting relationships.

EXPERIENCE AND CLIENTS

I am an Executive Leadership Coach, certified through the International Coaching Federation. Over the years, I have coached hundreds of people, including hospital C-Suite or Director level leaders, physicians, nurses and APPs. I have consulted and coached with hospital systems and clinics of all kinds, ranging from the largest in the country (HCA and AdventHealth), to many small, rural regional medical centers scattered throughout the country. At the same time, many of my clients are individuals, from many different walks of life, going through a transition or wanting to grow in some way.

AREAS OF EXPERIENCE AND EXPERTISE

*Leadership *Life changes and transitions *Reconnecting purpose/calling *Teambuilding and team culture *Staff Relationships *Communication and conflict *Grief and loss *Spirituality
*Navigating and leading change *Discovering or following one's call
*Work and home boundaries

CONTACT

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See Page 2 for a few Testimonials....

COACHING

It is not often you can say something is "life-changing" and mean it. When I began meeting with Doug for coaching, I had been a physician leader for several years but was facing new challenges with the docs in my group - burnout, discontent, frustration with administration. I was taking all of those negative feelings from my group and holding them on my shoulders, feeling like they meant I was not a good leader and giving my inner-critic a field day. Doug was able to help me identify those assumptions and reframe them. My joy and confidence and ability to show up as myself all increased. I highly recommend any person who is feeling tired, overwhelmed, frustrated, or anxious at work reach out and schedule a meeting with Doug. It will be worth it.

Anna Handkins, M.D.

I have the honor and memories of overseeing a local, environmentally focused non-profit for over four decades as well as careers in the worlds of education and politics. Doug's sage and kind counsel was instrumental in helping me prepare a personal and professional game plan for my next life chapter as stepped away from those aspects of my life. I am in a very good place within my person, my heart. Doug gets credit for being a part of my being the man I am today.

Jeff Shoemaker, past Executive Director of the Greenway Foundation

CONSULTING AND FACILITATION

I have had the pleasure of participating in several retreats Doug has facilitated over the last decade. They have all been high impact, and thought provoking. In my case I recalled a specific reflective exercise a dozen years later! When I changed organizations, Doug was the first person that came to mind as we began to plan a retreat with our new combined Medical Executive Committee. It once again was time well spent with a great speaker and facilitator. We are now working on an even larger meeting with our leadership group that Doug will lead.

Alan Qualls, MBA, FACHE
CEO Banner Health – Northern Colorado

I have had the great pleasure of working with Doug in several capacities: as facilitator of our Senior Leadership retreat; as facilitator of departmental level initiatives and my personal favorite, as a 1:1 Leadership Coach. Doug has an uncanny ability to meet people wherever they are at. His approach allows folks to feel heard and supported, even while helping clients move the needle forward.

Laura Newell, Vice President of Operations and Medical Practices, Northern Vermont Regional Hospital