VERMONT

PHYSICIAN EXECUTIVE LEADERSHIP INSTITUTE

November 2019 - September 2020 Capitol Plaza Hotel & Conference Center Montpelier, VT









MEETING VERMONT'S NEED FOR PHYSICIAN LEADERS

The Vermont Medical Society Education & Research Foundation is proud to announce its new partnership with the Daniel Hanley Center for Health Leadership and Lumunos to deliver a Physician Executive Leadership Institute Foundational Course commencing in November 2019.

The **Foundational Course** introduces and develops basic leadership skills and concepts. A highly experienced Hanley Center faculty member and expert in organizational development will work with Vermont faculty to deliver national caliber content drawn from multiple sources, including the Harvard Business Publishing online Harvard Manage Mentor resource. It will also include topic-focused modules offered in two 3-hour sessions bi-monthly over a 12-month period of time and four 90-minute focused virtual sessions in the "off months." In addition, individual and/or small group coaching is available to the participants during the course. After the completion of the course, participants will continue to meet quarterly with skilled Lumunos facilitators to apply learnings to real time leadership challenges, while providing peer support.

The physician leader attending this program will benefit from the following:

- ▶ A 40-hour curriculum incorporating online resources of Harvard Business Publishing
- ▶ 40 Category One CME credits (application in process) *
- One-on-one or group leadership coaching
- **▶** Certificate of Completion
- ▶ Four quarterly alumni meetings to process leadership challenges
- Long standing and supportive networks of physicians across the state
- ▶ A higher level of personal and professional development

COURSE OBJECTIVES

The Foundational Course Objectives:

- 1. Equip physicians stepping into or already in leadership positions with the necessary knowledge and skills to be successful in their leadership roles.
- 2. Impart the language of business to more effectively influence the healthcare system at the organizational level.
- 3. Enable physicians to be better prepared for the paradigm shift from clinical role to include a system view and leadership role.
- 4. Enhance physicians' understanding and provide new tools and skills to improve the relational aspects of managing people and leading teams.
- 5. Create a trusted statewide physician cohort that can be accessed by each other and the system for leadership support.

SESSION DATES & TOPICS

2019

November 14 (5pm-8pm) & 15 (9a-12pm):

Session #1 - Emerging Healthcare Trends and Systems Thinking

December 5 (5 pm -6:30 pm Virtual Meeting):

Inter-Session Learning Seminar (ILS) #1 - Project Selection and Project Management

2020

January 16 (5pm-8pm) & 17 (9a-12pm):

 $Session \ \#2 \ - Intrapersonal \ Understanding, Emotional \ Intelligence \ and \ Self-Assessment$

<u>February 13 (5pm-8pm) & 14 (9a-12pm)</u>:

Session #3 - Interpersonal Skills: Communication and Working with Another

March 19 (5 pm -6:30 pm Virtual Meeting):

ILS #2 - Resilience in a Continuous Change Environment

<u>April 30 (5pm-8pm) & May 1 (9a-12pm)</u>:

Session #4 - Organizational Management and Business Skills

May 14: (5 pm -6:30 pm Virtual Meeting):

ILS #3 - Health Care Policy

<u>June 4 (5pm-8pm) & 5 (9a-12pm)</u>:

Session #5 - Teamwork and Collaboration

July 9 (5 pm -6:30 pm Virtual Meeting)

ILS #4 - Health and Health Care Inequities

September 10 (5pm-8pm) & 11 (9a-12pm):

Session #6 - Change Management and Program Conclusion

October 2020- September 2021:

Quarterly facilitated alumni discussion groups lead by Lumunos facilitators to apply learnings to real time leadership challenges and provide peer support

Dates TBD

^{*} This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Maine Medical Education Trust and the Daniel Hanley Center for Health Leadership. The Maine Medical Education Trust is accredited by the Maine Medical Association Committee on Continuing Medical Education and Accreditation to provide continuing medical education for physicians. **Services for the disabled.** If special arrangements are required for an individual with a disability to attend this course, please contact Stephanie Winters at <a href="maintenant-swittenant-sw

Who should attend?

The PELI Foundation Course aims to build a skilled network of physician leaders who have the experience, commitment, and passion to lead initiatives that will transform and improve health and healthcare systems at local, regional, and statewide levels. Because the course includes a focus on both leadership and management content, it is a good fit for physicians who would like to build their effectiveness in organizational leadership. Physicians who have recently or aspire to take on leadership roles are encouraged to participate. It is particularly aimed at physicians with 5 or more years of clinical experience but minimal formal leadership training. The course aims for a cohort of 15-20 physicians from across Vermont.

Application process:

Physicians interested in attending should submit a CV and brief description of their interest to swinters@vtmd.org. Please note that some hospitals or practices may have their own process for nominating and selecting candidates. You should inquire with your CMO. The deadline for applications is August 16, 2019.

Tuition:

The cost of the course is \$3500. This includes tuition, room and board for the year long program and the facilitated alumni meetings. Please contact swinters@vtmd.org to discuss scholarship needs. The tuition is generously subsidized through grant funding from the Physicians Foundation.

CONTACT INFORMATION

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About the Daniel Hanley Center for Health Leadership

Over the past 8 years, the Daniel Hanley Center for Health Leadership has built a first-in-thenation program that develops physician leaders through intensive, national-caliber professional development coursework. Developed in collaboration with a wide range of physicians and healthcare leaders, Hanley's PELI program has launched 22 separate year-long courses with 28 different hospital and practice sites across Maine & New Hampshire since 2011.

www.hanleyleadership.org

About Lumunos

Vermont-based and deployed in more than 35 hospitals over a decade, Lumunos' Physician Leadership services focus on personal leadership skills and resilience. In Lumunos' unique cohort model, participants process their leadership challenges and gain wisdom through guided conversation with trusted peers.

www.Physicians.Lumunos.org