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## Vermont Medical Society Foundation Launches Physician Leadership Course

**MONTPELIER – May 21, 2019** – The Vermont Medical Society (VMS) Education & Research Foundation is proud to announce the launch of the inaugural *VMS Physician Executive Leadership Institute Foundational Course* to commence November 2019. The Foundational Course was specifically designed to meet the leadership demands of Vermont physicians through a partnership between the VMS Foundation and the Maine-based, Daniel Hanley Center for Health Leadership, and Lumunos, a physician wellness organization located in Burlington, Vermont.

The Foundational Course has been designed to develop leadership and management skills and concepts for Vermont physicians beginning leadership roles or aspiring to become leaders. This course aims to build a skilled network of physician leaders who have the experience, commitment, and passion to lead initiatives that will transform and improve health and healthcare systems at local, regional, and statewide levels.

VMS President Dr. Steve Leffler, who has served in a number of health care leadership roles while practicing in Vermont, said, "The VMS Leadership Institute is an incredible opportunity for physicians to gain critical knowledge and skills to be successful in leadership roles. As healthcare evolves it is essential that we have physicians in leadership roles to lead these changes. This course is a great way to enhance your skill set and influence healthcare in Vermont on a broader scale.

The course has been designed for a cohort of 15-20 physicians from across Vermont and is particularly aimed at physicians with five or more years of clinical experience, but with minimal formal leadership training.

Experienced Hanley Center faculty will work with Vermont faculty to deliver national caliber content and provide 40 Category One CME credits in leadership curriculum. The cohort will begin its work in November 2019 and will participate in in-person and virtual sessions over a 12-month period. The Hanley Center endeavors to achieve a world in which health leaders, in their quest to strengthen the health of communities, incorporate the values of collaboration, courage, inclusion, innovation, hard work and kindness.

Judiann Ferretti Smith, Esq., Executive Director of the Daniel Hanley Center for Health Leadership, said, "Medical schools and residency programs do an excellent job of training physicians for patient care. However, in the current landscape, physicians are being asked to do a lot more than provide clinical care. They are being asked to practice differently, collaborate across systems, lead teams, develop budgets, and a host of other leadership tasks. The Hanley Center develops courses to impart the most relevant leadership and management skills, tools and broadened perspectives necessary for physician leaders to meet with success in their widening roles. And, I'd be remiss if I didn't mention how valuable the relationship building will be to the participants, both during and long after the course, as they grow their statewide network."

"Now, more than ever, it is essential that physicians have the knowledge and opportunity to lead the way in the changing healthcare environment," said Dr. Cathy Schneider, the VMS Education and Research Foundation President and the VMS President-Elect. "I am very excited about the Physician Executive Leadership Institute course. It is an excellent resource for our colleagues and It provides a broad array of topics necessary for physician leaders navigating healthcare into the 21st century. I encourage my colleagues to consider this course to expand their knowledge in leadership."

After the completion of the course, participants will continue to meet quarterly with skilled Lumunos facilitators to apply learnings to real time leadership challenges, while providing peer support. Doug Wysockey-Johnson, Executive Director of Lumunos said, "Clinicians are adapting to a rapidly changing health care environment – including increasingly hectic schedules and new ideas about the business of medicine. Many physicians are left feeling depleted, on the road to burnout and burdened with a sense of 'moral injury.' Lumunos is pleased to be bringing our work to help Vermont's physicians through facilitating alumni meetings for the cohort."

Physicians interested in participating in the Foundational Course should submit a CV and brief description of their interest to <u>swinters@vtmd.org</u>. Applications are due by August 16, 2019. To learn more about the program, including the schedule and topics, please see the attached brochure.

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About the Vermont Medical Society Education and Research Foundation. The VMS ERF is a nonprofit charitable organization sponsored by the Vermont Medical Society to advance the public good by supporting educational and research activities in the field of health For more information, visit <u>http://www.vtmd.org/vms-physician-executive-leadership-institute-foundational-course-2019</u>.

About the Daniel Hanley Center for Health Leadership:

The Daniel Hanley Center for Health Leadership is a nonprofit organization based in Portland, Maine. Founded in 2001 to carry out the legacy of physician leader, Dr. Daniel Hanley, the Hanley Center inspires and grows collaborative leaders to solve today's health challenges. Our vision is a world in which health leaders, to strengthen the health of individuals and communities, incorporate the Hanley Center's values of Collaboration, Courage, Inclusion, Innovation, Hard Work and Kindness. The Hanley Center has trained nearly 900 health and healthcare leaders, including more than 400 physicians, over the past 12 years. The impact of these engaged leaders is being felt across New England and beyond through their expanded leadership skills, broadened perspective and collaborative approach. For more information, visit www.hanleyleadership.org

About Lumunos: Vermont-based Lumunos' Physician Leadership services focus on personal leadership skills and resilience and have been employed in 35 hospitals across the country." In Lumunos' unique cohort model, participants process their leadership challenges and gain wisdom through guided conversation with trusted peers. www.Physicians.Lumunos.org